

Mother-Son Camping Supply List:

Accessories:

- Backpack to carry supplies
- Bandana (optional)
- Bathroom Supplies (toilet paper and paper towels provided)
- Sunglasses (optional)
- Sunscreen
- Bug Spray
- Basic First Aid Kit
- Antibacterial hand wipes
- Lip Balm
- Any necessary prescriptions

Clothing:

- Fleece jacket and gloves (watch weather)
- Rain gear (poncho, rain coat, etc.) (watch weather)
- Long-sleeved and short sleeved shirts
- Warm pants
- Extra socks
- Change of clothes
- Boots, tennis shoes or other closed toed shoes
- Wide brimmed rain or sun hat

Gear and Equipment:

- Alarm Clock (can be cell phone) (no guaranteed electricity)
- Flashlight and/or lantern
- Batteries for small electronics
- Camera (optional)
- Water Bottle (refillable)
- Folding camp chair or lawn chair
- Sleeping Bag
- Sleeping pads to place under sleeping bags (optional but recommended)
- Pillow
- Rainfly to cover your tent in case of inclement weather
- Tent (Tents will indicate they sleep a certain number of people (2, 3, 4 etc.) but this will be based on “just enough” space to sleep. If you want room in the tent for a duffel bag or pack, then 2 people need a tent sized for 3 or 4 “sleepers”.)
- Tent Stakes (should be included with tent)
- Ground cover (Can be a tarp or piece of plastic folded slightly smaller than the bottom of the tent and placed beneath the tent and the ground. The cheapest is often a plastic drop cloth – look in the painting section of a store)

Food: (Dinner and Breakfast will be provided)

- Snacks (chewy granola bars, dried fruit, mini bagels, nuts, pretzels, etc.) (Seal these items in an airtight bag to prevent ants)
- Water (water coolers and water bottles will be available for drink refills)

* We will be providing all paper products and utensils for meals. If there are additional items that you would like to bring for eating, please feel free to do so.