

The Recreation Connection



A Publication of the Acworth Parks and Recreation Department

Love the Lake Concert Series

Come and enjoy a night of music on the beach. On Saturday, June 11, artists Sons of Sailors take the stage at 8:00 p.m. Whether it is Beach, Buffett, Country or Rock and Roll this Athens, GA band can play it all. Concert on the Beach featuring Sons of Sailors is a part of the Love the Lake Concert Series presented by the City of Acworth and the Acworth Business Association.

Tables can be purchased for this concert. Tables are \$50.00 each for City of Acworth residents and \$60 for non-residents. With the table you get 6 chairs and one parking pass. This parking



pass will allow you to park at Cauble Park. The evening of the concert parking at Cauble Park is by pass only, but you are not guaranteed a parking spot with the pass; so please plan on arriving early.

If you do not have a parking pass or if the parking is full, you will need to park downtown and take a shuttle down to the park. This

is a free shuttle service. If you choose to park downtown, shuttles will pick you up at the city hall parking lot and the post office parking lot. Shuttles will begin running at 5:00 p.m.

To purchase a table visit www.acworth.org/aprd.

Please call the Acworth Parks and Recreation Office at (770) 917-1234 or visit www.acworth.org/aprd for more information.

Volume 4, Issue 6

June Edition

Mark Your Calendars:

- ◆ 6/2 Zumba
- ◆ 6/6 Karate and Tai Chi
- ◆ 6/7 Tap/Ballet and Tai Chi
- ◆ 6/11 Cars, Chrome and Caring
- ◆ 6/11 Summer Concert
- ◆ 6/11 Acworth Opry

Camp Acworth-Summer Day Camp

Summer is just around the corner!!! Camp Acworth summer day camp provides a safe and active environment for your child to enjoy their summer. Campers will enjoy various outdoor activities including swimming, canoeing, hiking and archery as well as arts and crafts and team sport activities. Campers will take a field trip each week to exciting places like Stars and Strikes, Fernbank Science Center, Zoo Atlanta and the World of Coke. Camp Acworth is for children ages 6 – 11. We also offer Middle School Camp for ages 11 – 15.

Camp consists of eight, one week sessions beginning the



week of June 6 and concluding the week of August 5 (there is no camp the week of July 4). Normal camp hours are Monday through Friday, 9:00 a.m. to 4:00 p.m. and extended hours are available that allows for early drop off from 7:30 a.m. to 9:00 a.m. and late pick up from 4:00

p.m. to 5:30 p.m. Registration for Camp Acworth and Middle School Camp is now open. The registration fee for City of Acworth residents is \$95.00 per week and the non-resident fee is \$110.00 per week. Extended hours are an additional \$20.00 per week for city residents and \$25.00 per week for non-residents.

For more information on Camp Acworth and to register visit www.acworth.org/aprd.

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Acworth Parks & Recreation

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Acworth Opry

The Acworth Opry at Logan Farm Park will take place the second Saturday of each month beginning in May and running through October. Bring your family, friends and chairs or blankets and enjoy great Bluegrass music, good food, friendly folks and lots of fun.

On June 11, the first act, Flatpickin Inc., will take the stage at 5:30 p.m. and the band Sojourner will perform at 6:45 p.m. The event will last until 8:30 p.m. Logan Farm Park is located at 4762 Logan Rd. Acworth, GA 30101.



Summer Sports Camps

Mark your calendars for the Acworth Parks and Recreation Department 2011 Summer Sport Camp series!

Speed and Agility Camp for ages 7-16 will kick off the APRD Summer Sport Camps June 27 – July 1, from 6:00 p.m.- 8:30 p.m. at Logan Farm Park. The Little Kids Football Camp, ages 4-7, will be held July 26-28, from 6:30 p.m.- 8:30 p.m. Big Kids Football Camp, ages 8-14, will be held July 25-29, from 6:30 p.m.- 8:30 p.m. On Saturday, July 16, Acworth Parks and Recreation will host a one-day Cheerleading



Camp. Little Kids Cheerleading Camp is for age 5 & 6 from 9:00 a.m.- 12:00 p.m. Big Kids Cheerleading Camp is for ages 7-12 from 9:00 a.m.- 3:00 p.m. There will be

one baseball camp at the Acworth Sports Complex this summer for ages 6-13. Baseball camp will be offered July 11-13 from 9:00 a.m.– 12:00 p.m.

Register before May 14 and receive an early registration discount.

To register online visit www.acworth.org/aprd or for more information about all the summer sports camps call the Parks and Recreation Office at (770) 917-1234.

Tap/Ballet



The Acworth Parks and Recreation Department is excited to offer Tap/Ballet for 3 to 5 year olds this summer with a “Fairytale Princess” theme!

The session runs June 7th through July 26th (no class on July 5th). Class will be held Tuesdays 4:15-5:00 p.m. at the Roberts School Community Center. This class is a structured program designed for the early

development of technical tap and ballet skills. It precisely meets the needs and limitations of preschoolers by providing a carefully paced sequence of exercises to develop physical conditioning, with poise and grace.

Visit www.CreativeMovementAndDance.com for uniforms and more information. You may also call our office at (770) 917-1234.

Zumba Fitness



The Acworth Parks and Recreation Department is excited to offer Zumba at the Roberts School Recreation and Community Center. Classes will be held on Thursday nights from 6:15-7:15, starting on June 2 and continuing

until August 25. Classes are for anyone ages 16 years or older.

Zumba is currently the largest fitness movement in the world, implementing exciting styles and international rhythms that keep you laughing and having fun, while shedding unwanted pounds. Zumba Fitness helps adults of all ages reduce excess weight and stress, and can assist in toning and sculpting your body to its greatest potential!

Registration is now underway. The cost of

this class is \$69.00 for a City Resident and \$79.00 for a Non-Resident.

Visit www.acworth.org/aprd to register online or if you have any other questions please call our office at (770) 917-1234.

Farmers Market

It's that wonderful time of the year again when we look forward to the return of the Acworth Farmer's Market! The market will be held each Friday morning from 7:00 a.m. until 11:00 a.m. through Friday, October 28. The market is located in Historic Downtown Acworth in the upper parking lot by the railroad tracks on Main Street.

Market customers will have a wide variety of garden ripe Georgia grown vegetables, bed-

ding plants, fresh baked pies, cakes, bread, and jams to choose from each week. The Acworth Farmer's Market is proudly sponsored by the Acworth Downtown Development Authority.

If you are interested in more information on being a vendor or just have questions about the market, please call (770) 974-3112



Acworth Achievers - 2011 All-Star Ballot Challenge Winners

The Acworth Achievers Program received a special meet and greet with Joe Johnson and the Atlanta Hawks for winning the 2011 All-Star Ballot Challenge! Competing against other Metro Atlanta organizations, Acworth Achievers took first place by completing over 41,000 NBA All-Star ballots and ultimately helping Joe Johnson and Al Horford of the Atlanta Hawks participate in the NBA All-Star Weekend in Los Angeles, CA.

Just before the Atlanta Hawks took on the New Jersey Nets in March, participants received early entry to watch the pregame shoot-around and shared a few moments receiving autographs and taking pictures with All-Star Joe Johnson and Etan Thomas. During the game the Acworth Achievers enjoyed VIP treatment including a chef prepared buffet while watching the game from the Horizon Suite at center court with the player's families.



Cars, Chrome and Caring



Join us on Saturday, June 11 from 10:00 a.m. - 2:00 p.m. for Day's first Annual Car and Bike show benefiting the Horizon League. All makes and models are welcome.

Registration begins at 10:00 a.m. There is a \$25 Registration Fee at the gate. All proceeds go to the Horizon League of Acworth. You must check in by 12:00 p.m. to be included in the judging. Pre-Registration is available for \$20 at

www.dayschevrolet.com for more information contact: Jennifer Still at 770-974-4242.

In the event of bad weather; call for confirmation at (770) 974-4242. Rain date makeup will be Saturday, June 25, 2011 from 10:00 a.m.- 2:00 p.m.

Horizon Kickball League

Come out and play!! Teams are now forming for the summer Horizon kickball league. This league is open for all individuals who have special needs, ages 5-21 years old. Games will be held Tuesday nights for ages 5-12 and Thursday nights ages 13-21 from June 21-July 28.

Registration deadline is June 3rd. The cost for the league is \$15 which covers jerseys and league expenses. If you are unable to



afford the cost of the league, opportunities for financial aid are available.

Register online for the Horizon Baseball League by visiting www.acworthspecialneeds.com or visit the Acworth Parks and Recreation Department office. For more information please visit the above website or contact Lauren Ham at (770) 917-1234 or by email at lham@acworth.org.

Martial Arts Fitness Classes

Acworth Parks and Recreation is pleased to continue Karate lessons for kids ages four to ten. By learning karate, your child will improve concentration skills, develop patience and respect, become more physically fit and learn ancient discipline applied to modern living.



The style of karate taught will be Tang Soo Do, a Korean style dating back to 700 A.D. Classes are \$75.00 for a two month session. Classes will be held on Monday and Wednesday nights from 6:00 p.m. -6:30 p.m. starting on June 6, 2011.

Acworth Parks and Recreation is also pleased to continue on with Tai Chi classes. Tai Chi is an internal style of martial arts that teaches mental focus, while emphasizing coordination, balance, relaxation, and proper breathing.

Classes are \$100.00 for a two month session. They will be held every Tuesday for beginners from 11:15 a.m.—12:15 p.m. starting on June 7, 2011 and from 6:30

p.m.—7:30 p.m. for intermediate students starting on June 6, 2011.

All class will be taught by Phil Robinson, Certified Master Instructor and 7th degree black belt, at the Roberts School Education and Community Center. If you have any other questions regarding these classes please call the Parks and Recreation Office at (770) 917-1234.



Senior Moment - Upcoming Senior Activities



Senior Lunch

Join us on June 21 for the City of Acworth Parks and Recreation Departments Senior Luncheon. Come join us for lunch at the Beach House (2293 Beach Street). Lunch is served at noon. This program is free to all seniors!

Chi Kung/ Tai Chi

Chi Kung, also spelled Qi gong, is pronounced "chee kong" and dates back to 2600 B.C. Chi Kung is an internal Chinese

meditative practice which uses slow graceful movements and controlled breathing techniques to promote and enhance a practitioner's overall health. The benefits of practicing Chi Kung include increased energy, stress release, toned muscles, improved balance and develop a stronger immune system.

This is an easy to learn/low impact class geared specifically for Seniors. New classes start April 5 and are held on Tuesdays from 10:00 a.m. to 10:45 a.m. at Roberts School Community and Education Center. The cost of this eight week class is \$50 for City of Acworth residents and \$55 for non-residents.

Senior Chair Yoga

Learn stretching and strengthening exercises, breathing techniques and much more during this class. Classes will be

at Roberts School every Monday and Thursday starting June 6th– July 28th from 10 am – 10:45 am and 11:00 am- 11:45 am. This program is free to all seniors but registration is required.

Senior Chair Yoga

Elevate your metabolism by moving rhythmically to music, by using free weights and resistance bands. Class will be held on Wednesdays at Roberts School starting on June 15th – July 27 from 10:00 am -10:45 am. This program is free to all seniors but space is limited.

For questions about the Senior Luncheon and all other Senior Activities please contact Lauren Ham at (770) 917-1234 or by email at lham@acworth.org.

Staff Directory

James Albright, Director
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Visit us on the web at

<http://www.acworth.org/aprd>